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PRICED AT £8 PER PERSON (£9.60 inclvat) YOU CAN CHOOSE UP TO 3 SALADS, THERE WILL BE ENOUGH FOR EVERYONE TO HAVE A GENEROUS PORTION OF EACH SALAD. 25 PERSON MINIMUM

ROASTED CARROTS AND PARSNIPS WITH SESAME DRESSING AND FRESH HERBS (SESAME)

RED CABBAGE AND CARROT SLAW WITH PUMPKIN SEEDS AND LEMON DRESSING
(SULPHITES)

AUBERGINE, BROCCOLI, BUTTER BEANS \&
RADISHES WITH A CREAMY SESAME DRESSING (SESAME)

SLICED TOMATOES WITH CUCUMBER, RED ONION, CHICKPEAS AND FLAT LEAF PARSLEY (SULPHITES)

BEETROOT WITH MAPLE ROASTED FENNEL \& KALE, GOAT'S CHEESE \& BALSAMIC GLAZE
(DAIRY, SULPHITES)
ROASTED NEW POTATOES WITH COURGETTE, FLAT LEAF PARSLEY \& SUN BLUSHED TOMATO (SULPHITES)

WHITE CABBAGE \& RADISH SLAW WITH GINGER, CHILLI, LIME AND CORIANDER (SULPHITES, SESAME)

ROASTED CAULIFLOWER WITH CHICKPEAS, RADICCHIO, RED ONION AND DUKKAH (SESAME, NUTS)

COUSCOUS WITH ROASTED VEGETABLES,
FETA AND FRESH CORIANDER
(gluten, dairy) (we can remove the feta to make it vegan)
NEW POTATO SALAD WITH GHERKINS, RED ONION AND FREE-RANGE MAYONNAISE (EGGS, MUSTARD)

ROASTED BUTTERNUT SQUASH WITH PUY LENTILS, SPINACH AND FETA CHEESE (DAIRY, SULPHITES)

GREEN BEANS WITH CUCUMBER, PULSES, SLICED PEPPERS AND SWEET VINAIGRETTE (SULPHITES)

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£8.00 PER PERSON (£9.60 incl vat)- PLEASE MAKE FOUR CHOICES
THERE WILL BE AT LEAST ONE OF EACH CHOSEN PER PERSON
ADDITIONAL ITEMS: £2.00 PER PERSON (£2.40 incl vat)
25 PERSON MINIMUM ORDER
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PICKLED BEETROOT WITH WHIPPED
GOAT, S CHEESE, ROCKET AND BALSAMIC GLAZE ON RYE BREAD
(sesame, gluten, sulphites, dairy)

MINI TARTLETS WITH MUSHROOM,
FENNEL AND STILTON
(GLUTEN, DAIRY, EGG)
TEMPEH BACON WITH CHERRY TOMATO, VEGAN MAYONNAISE AND ROCKET BAGEL BITES
( GLUTEN, SOY)
MINI SPINACH, SQUASH AND CHICKPEA ROLLS WITH SUN BLUSHED TOMATO (GLUTEN, SOY) (VEGAN)

BOCCONCINI \& CHERRY TOMATO SKEWERS WITH NUT FREE PESTO
( DAIRY)

SWEET POTATO AND ROASTED VEGETABLE FRITTATA, TOPPED WITH AIOLI
( $E G G$ )

MARINATED TOFU, ROASTED WITH PEPPERS AND HERB OIL (SOY) (VEGAN)

MINI SPINACH AND FETA ROLLS TOPPED WITH SESAME SEEDS AND CHEDDAR CHEESE (Gluten, SESAME, DAIRy, EGG)

ROASTED CAULIFLOWER WITH KALE ON
A POLENTA BASE WITH DUKKAH SPICES (SESAME, NUTS) (VEGAN)

TOASTED FOCACCIA TOPPED WITH HUMMUS, -
FALAFEL, SWEET CHILLI \& SLAW
(SESAME, Gluten, sulphites) (VEGAN)


£18 PER PERSON (£21.60 inc1 vat) 10 PERSON MINIMUM

MINI SPINACH AND FETA ROLLS TOPPED WITH SESAME SEEDS AND CHEDDAR CHEESE (GLUTEN, SESAME, DAIRY, EGG)

SEASONAL VEGETABLE SKEWERS WITH CHEESE

TEMPEH BACON WITH CHERRY TOMATO, VEGAN MAYONNAISE AND ROCKET BAGEL BITES (GLUTEN, SOY)

MINI SPINACH, SQUASH AND CHICKPEA ROLLS WITH SUN BLUSHED TOMATO (GLUTEN, SOY) (VEGAN)

## HAVING TROUBLE CHOOSING WHAT TO ORDER?

WHY NOT GO FOR THE SET MENU TO MAKE THINGS SUPER EASY

RED CABBAGE AND CARROT SLAW WITH PUMPKIN SEEDS, LEMON DRESSING AND MIXED LEAVES (SULPHITES)

CHEF'S SEASONAL SALAD
(SESAME, SULHPITES)

RICH CHOCOLATE BROWNIES
(GLUTEN, DAIRY, EGG, SOY)

## (C A $\sqrt[A]{4}$

## CAKE BITES SELECTION CHOOSE UP TO FOUR OPTIONS

 8 PERSON MINIMUM £4.50 PER PERSON (£5.40 incl vat)
## VEGAN CAKES

Dark Chocolate brownie with vegan chocolate icing and toasted hazelnuts(Nuts, Gluten, Soy)

Sticky Date Fiapjack (G7uten)

Banana Bread with maple glaze (Nuts, Gluten, Soy)

Apple Strudel
(Nuts, Gluten, Soy)
Sticky Toffee Pudding Cake (Gluten, Soy)

## CAKES

Rich chocolate brownie (G7uten, Dairy, Egg, Soy)
carrot cake with cream cheese icing (Gluten, Dairy, Egg, Nuts)

## NON GLUTEN CAKES

Chocolate Caprese Cake with espresso
mascarpone
(Nuts, Eggs, Dairy)
Berry and Apple cake with lemon icing (Nuts, Eggs, Dairy)

Lemon Drizzle cake with cream cheese
icing
(Eggs, Dairy, Nuts)
Orange Potenta cake with pistachio mascarpone
(Nuts, Eggs, Dairy)

Ginger cake with orange cream cheese Icing (Gluten, Dairy, Egg)

Oreo and Nutella tiffin
(G7uten, Dairy, Nuts, Soy)

## all our cakes are available whole, uncut. PLEASE ASK FOR PRICES



WHOLE PORTIONS

VEGAN SAUSAGE ROLLS
BOX OF 8 SPINACH, SQUASH
AND CHICKPEA ROLLS (GLUTEN, SOY)

SPINACH AND FETA ROLLS
£ $32(38.40)$
BOX OF 8 SPINACH, FETA AND
CHEDDAR ROLLS (GLUTEN, SESAME, DAIRY, EGG)

WHOLE UN-CUT FRITTATA
£ 38 (45.60)
ROASTED SWEET POTATO AND ROASTED
VEGETABLES WITH FRESH HERBS AND EGGS,
(EGGS) (SERVES 8)
£ $32(38.40)$

ROASTED BUTTERNUT SQUASH, SPINACH AND STILTON GALETTE WITH ROSEMARY AND PUMPKIN SEED CRUST (GLUTEN, DAIRY, EGGS) (SERVES 8)


VISIT US AT 82 MILL ROAD, KETTLE, S YARD AND AT
THE BOTANIC GARDEN

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£6.50 PER PERSON (£7.80 incl vat)
8 PERSON MINIMUM
TOGETHER WITH OUR POPULAR FALAFEL WRAPS AND VEGAN B.L. T
OUR SANDWICH BOX WILL INCLUDE SEASONAL FILLED FOCACCIAS AND BAGUETTES
LET US KNOW IF THERE ARE ANY SPECIAL DIETS


featuring our spinach and feta rolls with a selection of cheeses, fruits vegetable crudités, olives, dips, breads and crackers.
(gluten, sesame, dairy)
Four people £ 35.00 (£42.00 incl vat)
Eight people £65.00 (£78.00 incl vat)
Twelve people £95.00 (£114.00 incl vat)


## HOW AND WHEN TO PLACE YOUR ORDER?

PLEASE EMAIL US WITH YOUR CHOICES, THE NUMBER OF PEOPLE We're cooking for, and the date you would like the order. We require a minimum of 3 working days (mon - fri) to fulfil orders. your order is not confirmed until we have all the details and agreed via email. Availability is sometimes tight, so please get in touch SOONER TO AVOID DISAPPOINTMENT

DELIVERY OR COLLECT FORM THE SHOP?
COLLECTING FROM THE SHOP IS A GREAT OPTION AS YOU SAVE on the vat. you can pull up right outside and we will help you load up.

We can arrange local delivery by cycle courier
MONDAY - FRIDAY, EXCLUDING BANK HOLIDAYS.
$50 \%$ OF THEIR CHARGE WILL BE ADDED TO YOUR BILL.
WEEKEND DELIVERY IS NOT AVAILABLE
SOMETIMES CUSTOMERS ARRANGE TAXIS TO COLLECT THEIR ORDER AND DROP IT OFF TO THEM.
THIS WORKS WELL, AND WE CAN ORGANISE THIS FOR YOU,
you JUST NEED TO PAY THE TAXI WHEN IT ARRIVES WITH You
HOW DOES THE FOOD COME?
ALL PRODUCTS SUPPLIED IN $100 \%$ BIODEGRADABLE PACKAGING THESE bOXES LOOK GOOD (SEE IMAGES) AND ARE PRESENTABLE FOR AN INFORMAL SETTING.

SEASONALITY AND AVAILABILITY
ALL items subuect to availability, we will
endeavour to replace like for like but please allow
FOR SEASONAL AVAILABility

## CHANGES TO YOUR ORDER <br> CHANGES CAN BE MADE TO YOUR ORDER UP TO 48 HOURS, NOTICE CANCELLATION AFTER 48 HOURS, NOTICE WILL BE SUBJECT TO A

 FEE OF 50\% OF THE TOTAL BILL
## ALLERGIES

ALTHOUGH EVERY EFFORT IS MADE TO KEEP FOODS SEPARATE DURING Preparation and packing, we cannot guarantee dishes witl be $100 \%$ ALLERGEN FREE. PLEASE SPEAK TO US IF YOU HAVE ANY PAR TICULAR REQUIREMENTS.

## PAYMENT AND INVOICES

INVOICES WILL BE EMAILED ONE WEEK AFTER YOUR EVENT. PLEASE PROVIDE INVOICE DETAILS WHEN YOU PLACE YOUR ORDER. PAYMENT CAN BE MADE BY BACS, PAYMENT LINK OR IN PERSON AT THE SHOP

## PRICES AND VAT

Prices are per person unless stated, and subuect to vat (VAT INCLUSIVE PRICE SHOWN IN BRACKETS)

